

Stockton Skating School

Welcome to the Stockton Skating School. The knowledge and techniques our students acquire will provide them with the basic skills in both figure skating and hockey. Ice Skating is an active endurance sport and our approach makes it easy and enjoyable. We hope you enroll your children or the whole family!

Stockton Skating School Program Objectives:

- Provide a fun and safe skating experience for the beginner as well as the more advanced skater.
- Teach correct technique of the basic elements of skating.
- Develop a finer degree of coordination and balance.
- Promote physical fitness.
- Have fun!

Classes offered by the Stockton Skating School (all classes are held on Saturday):

- **Hockey Classes**
 - **Learn to Play Hockey 1, 2, 3, 4**
10:15am – 11:00am
Learn to skate first with our pre-hockey class, then move up to more advanced hockey skills with drills and a scrimmage game.
- **Ice Skating Classes:**
 - **Snowplow Sam 1, 2, 3 (ages 3 – 6)**
11:00am – 11:30am
 - Proper way to fall and get up
 - Basic forward skating
 - Basic stopping
 - Games and toys are included for a fun learning experience
 - **Beginner – Basic Eights 1 & 2 (ages 7 – 12)**
11:00am – 11:30am
 - Forward & backward glides
 - Moving forward to backward
 - 1 foot glides
 - **Intermediate – Basic Eights 3 & 4**
11:00am – 11:30am
 - Fundamentals of forward skating
 - Fundamentals of backward skating
 - Stopping techniques
 - Basic 2 foot turn
 - **Advanced – Basic Eights 5 & 6**
11:30am – noon
 - Beginning turning techniques
 - Forward crossovers
 - Advanced stopping
 - 1 foot glides, spirals & spins

When reaching the Basic 7 level, private lessons in ADDITION to the group lessons are recommended.

 - **Advanced – Basic Eights 7 & 8**
11:30am – noon
 - Backward crossovers
 - Advanced turns
 - Beginning jumps, spins & edges
 - Combination moves

- **Adult Classes 1, 2, 3, 4:** Have fun learning to skate with your children or just for the physical fitness of the sport.
- **Free Skate 1-8 classes:** These classes are designed for skaters who have progressed through our Basic Skills 1-8 classes and are ready to learn a higher degree of figure skating which includes jumps, spins and footwork.
- **Synchronized Skating:** Learn how to skate with a team. Learn blocks, circles, splicing, pinwheels, kick lines and more. Learn a program and perform in our annual Christmas and Spring Shows.
- **Artistry in Motion:** This is for the advanced skater. Learn how to interpret moves and the art of skating to different types of music. This class also teaches skaters how to incorporate ballet, hip hop and jazz into programs. In addition, they learn how to map out programs on their own.

Class Dates:

If you are interested in becoming a part of this wonderful program that has so much to offer, here are the dates of the next series of classes. Updates will be placed on this website. Each series lasts 8 weeks:

- Oct. 20 – December 15
- Jan. 5 – Feb. 23
- **Mar. 2 – Apr. 27 (currently taking applications)**
there will be no class on March 30th
- May 1 – June 1

Class Cost:

\$99 with a one time yearly USFSA registration fee of \$20. (USFSA renews every June 1)

Included with the classes: skate rental, ice time, a ½ hour lesson and a public session card with 8 free public sessions (You should encourage the student to come and practice). Also, at no additional cost, the students participate in seasonal parties, and Stockton Skating School shows held twice a year. There is only a minimal cost for costumes, which you get to keep.

Any questions, please contact Oak Park Ice Arena at (209) 937-7433.